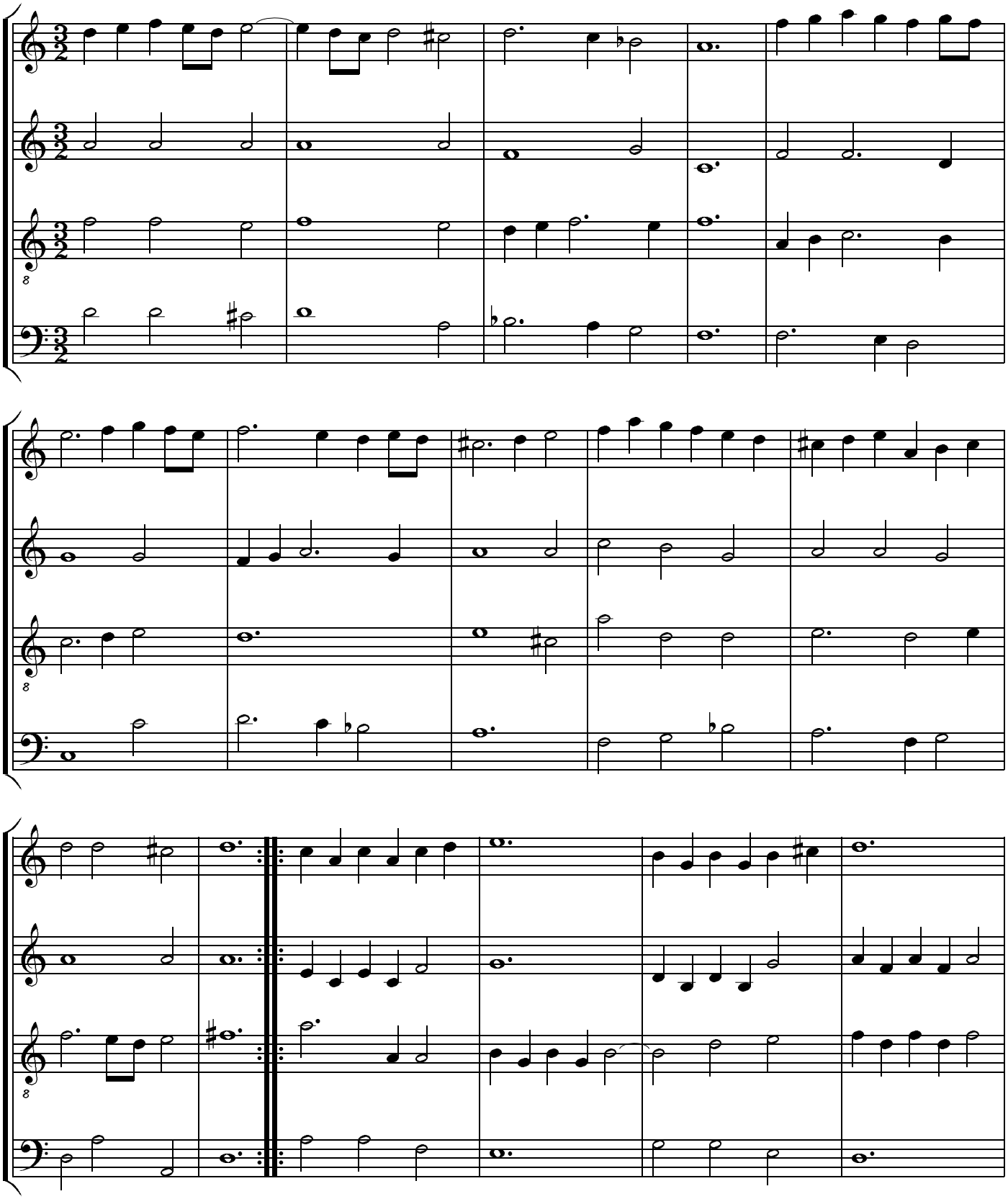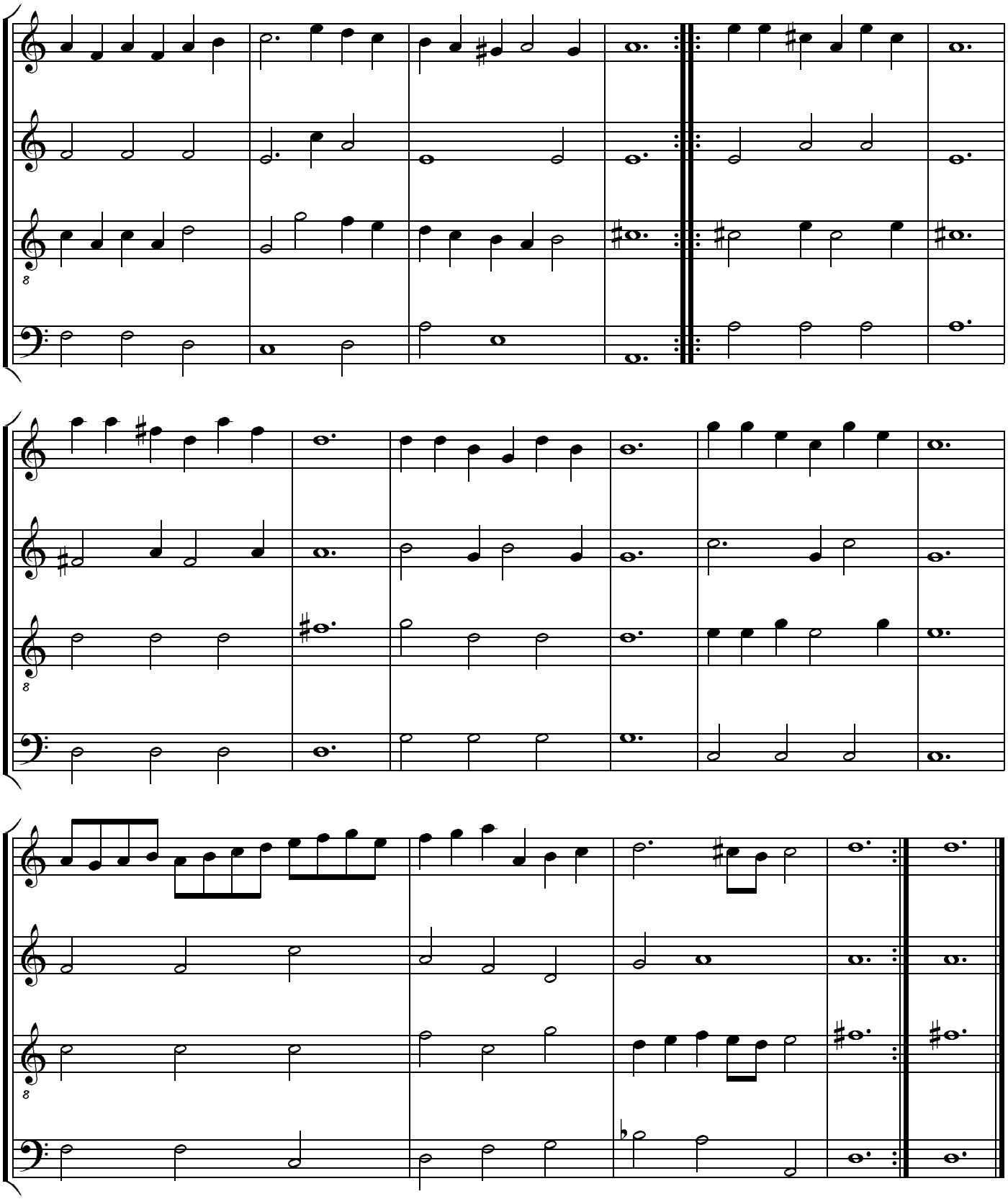Nr. 19