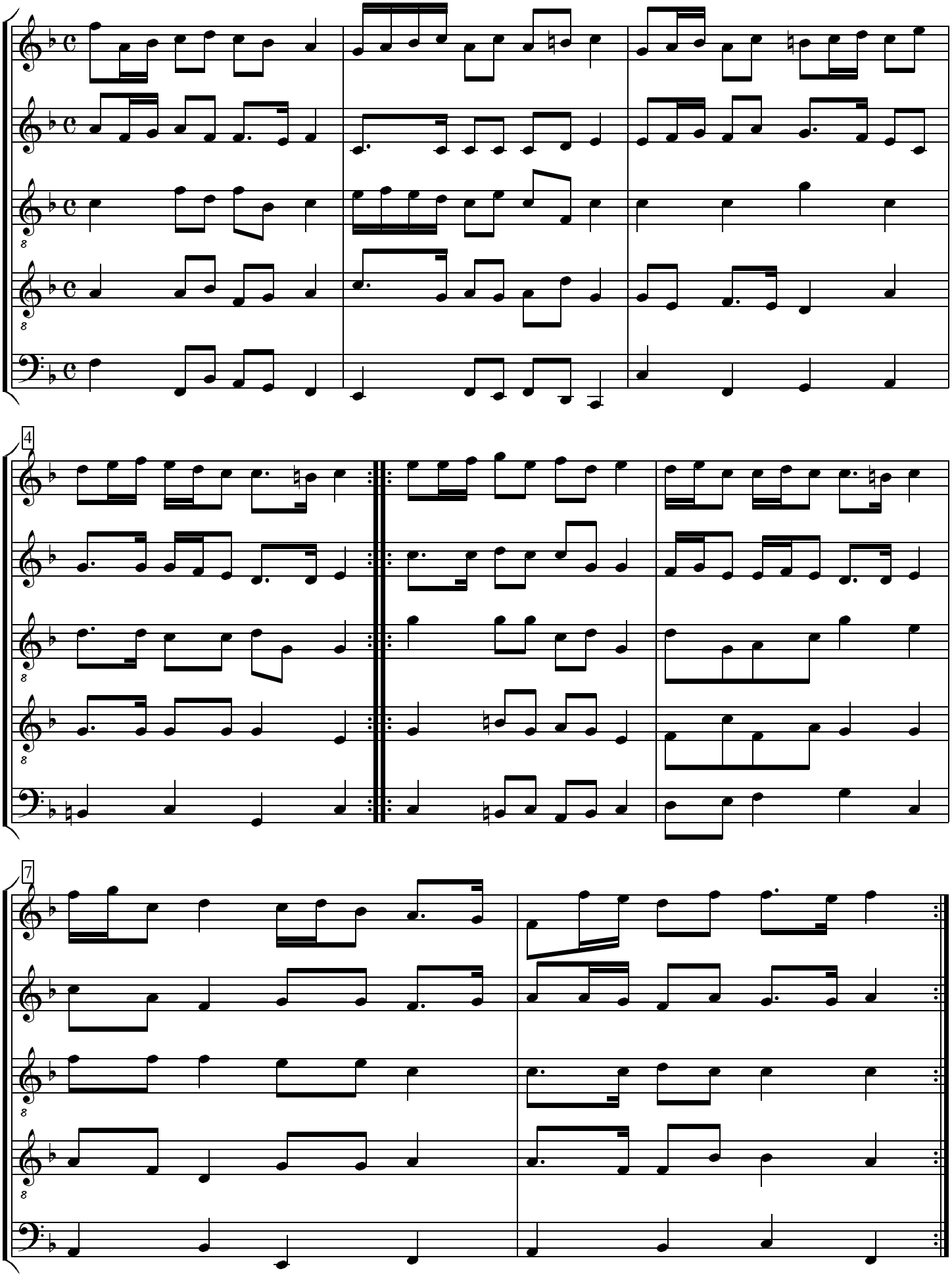45. Bal